



ANNUAL REPORT



THE
HEALTH
FOUNDATION

2022

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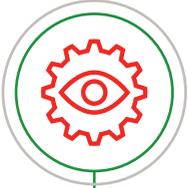
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Introduction



About us



Vision

Together Towards Wellness



Mission

To mobilise resources that enhance services in the public health system through collaboration with public and private stakeholders



Values

Together Towards Wellness is achieved through: accountable partnerships, innovative thought, and excellence in public health, through people-centred, results-focused projects

Registrations

Company Registration No	2011/128044/08
NPO No	168-875
PBO No	930046175
Vat Registration No	4550274486
Duns No.	557386605
NCage Code	SJPE6
Equivalency Determination	1634

Board of Directors



Mr Carl Liebenberg

Chairperson of the Board
Terayon Capital Partners



Dr Mandla Moyo

CEO
Sports Science Institute



Ms Letebele Jones

C & E Manager
SKA-Mid, SKAO



Dr Saadiq Kariem

Chief of Operations
WC: Health & Wellness



Dr Reinder Nauta

Founder & Managing Director
National Health Group



Dr Japie du Toit

Regional Manager
Life Healthcare

Foreword from Chairperson



“The success story of THF for 2021-22 is the result of **collaboration** and **diligence** by a formidable team of people.”

The past year has been a momentous one for The Health Foundation of South Africa (THF). Remarkable strides were made in demonstrating our unwavering commitment to our mandate to mobilise resources for the enhancement of services in public healthcare.

As the world cautiously emerged from the throes of COVID-19 lockdowns to what is dubbed the “new normal,” THF succeeded in confidently making notable progress by forging new strategic partnerships while reinforcing existing projects. The past year also saw us successfully close-off four projects.

In all our achievements, we do not take for granted the role entrusted to us by our donors and other stakeholders. Our financial strength, reflected in our solid reserves as we end this financial year, demonstrates your

confidence in our stewardship role and we strive to handle this responsibility with the due diligence it requires.

I would like to extend my sincere thanks to Mr Harry Grainger, who has been a resilient force for THF, together with his extraordinary team.

To our Board of Directors—who have served tirelessly and steadfastly through unfamiliar times, with health taking centre-stage as the ultimate foundation for society’s overall well-being in the past two years—thank you for steering THF to calmer waters.

As we exit this eventful year, we are looking forward to 2022–23 to be a year of further growth as we focus on our theme of “Together Towards Wellness Through Health Systems Strengthening.”

Message from the CEO



I am extremely grateful for the continued support received from all our partners and donors in their commitment to support our vision: **“Together Towards Wellness.”**

Upon reflection of THF’s achievements over the past year, I am humbled and appreciative of the continued commitment and support of our Board of Directors, staff members, stakeholders, and donors. They have ensured that we could execute our mandate of being a platform for partnerships and conduit for funds to support health systems strengthening in the public sector.

We had the privilege of being the conduit for USAID’s pilot government-to-government (G2G) investment which allowed us to support the Western Cape Government’s Department of Health and Wellness (WCGHW) in achieving various milestones. The investment, furthermore, enabled us—in partnership with the Cipla Foundation—to procure and place COVID-19 vaccination stations in various communities.

The three-year investment from the Bill & Melinda Gates Foundation, focusing on scaling data use to improve patient care, enabled the WCGHW Provincial Health Data Centre (PHDC) to launch the TB Dashboard and assisted both the WCGHW and City Health with continued training on the Single Patient Viewer (SPV) portal. The investment allowed for critical skills to be employed by the grantee partners in support of health systems strengthening.

Going forward, we would like to continue to engage with various stakeholders in the pursuit of delivering on our conduit strategy of being the preferred platform for partnerships.

Three key outcomes were achieved regarding our projects in 2022:

1. Successfully completed the USAID pilot G2G milestones which enabled the WCGHW to sign a five-year G2G partnership with the US government.
2. Continued our partnerships with Momentum Metropolitan and the Dis-Chem Foundation in support of the telehealth services in the Western Cape and Gauteng provinces.
3. Expanded our health systems strengthening offering with the addition of the Knowledge Translation Unit (KTU) as a part of THF.

I am extremely grateful for the continued support received from all our partners and donors in their commitment to support our vision: “Together Towards Wellness.”

Current Projects



Scaling Data Use to Improve Patient Care

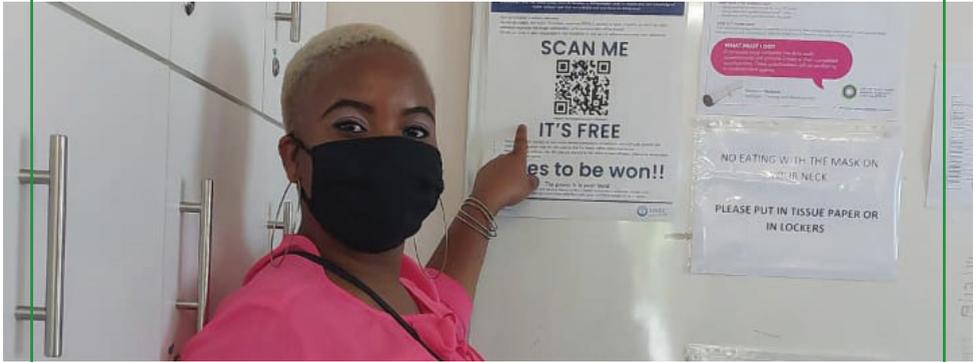
THF is managing a three-year grant funded by the Bill & Melinda Gates Foundation to improve data use. The grant, known as **Scaling Data Use to Improve Patient Care**, builds on a previous grant which supported the establishment of a provincial data centre operated by the Western Cape Government Health & Wellness.

The **goal** of this grant is to strengthen the health system's ability to respond to public health needs, including treatment of TB, HIV, and other chronic diseases, and preventive services. The grant will employ **innovative approaches** and **more effective data utilisation** to improve TB, HIV, and diabetes outcomes in the Western Cape Province.

Since the inception of the grant, there has been considerable progress on the implementation thereof. The grant has strengthened and fast-tracked the enhancement and finalisation of data tools and loss to follow up processes. Data tools have been piloted and scaling up has started. To ensure that the project can reach its key objectives, a number of processes were embarked on.

Firstly, the teams at both City of Cape Town (CCT) and Metro Health Services (MHS) undertook a situation analysis at selected facilities and clinics which provided valuable insights into among other, the current state of Data Tools and Reports, Single Patient Viewer (SPV), management of Loss To Follow-Up (LTFU), data roles and responsibilities, IT infrastructure, and quality improvement. This laid a strong foundation to develop their remedial activities which were incorporated in their implementation plans for addressing key components of the grant.

Alongside this, was the undertaking of the knowledge, attitude, and behaviour (KAB) baseline online survey. This helped us gain insights into data use among selected staff at identified clinics, facilities, and hospitals.



A total of 1,974 staff members participated in the baseline online survey. This was an exceptionally good response rate, and we are grateful to those who participated so willingly. However, the largest share of participants came from those in the administration (clerical) department with an under-representation of clinical staff, such

as nurse and medical officer categories. We would like to target the clinical staff in the mid-project survey that will be undertaken this year around October/November. This will enable us to get a far more representative sample depicting the attitudes of all categories of staff towards data use.

Given the feedback from the baseline survey and the fact that this grant supports greater use of electronic tools such as SPV, extensive training is currently underway within MHS and CCT. This is to make SPV more accessible, capacitating staff to use it more effectively, and thus, improving the quality of patient care.

The second process undertaken was the commissioning and conducting of an information technology (IT) audit to establish if there is adequate IT infrastructure in place to support the activities of the grant.

The IT audit assessed the following:

- what network cable points were available in every room and their functional status
- the list of devices in each room (computers, printers, and scanners) and their functional status
- network connectivity speeds of each location
- the perceived needs of the staff working in each room

It provided key findings for CCT and MHS to consider in their IT efforts going forward.



The grant team coordinated and supported several transversal learning exchanges. These learning exchanges serve as a platform for seconded teams, technical experts, and relevant staff within the CCT, MHS, and PHDC to share lessons, insights, and processes that the teams will employ in their implementation. **These were very successful in creating an opportunity for joint learning.** Sessions focussed on:

- information management of the available data sets to report on the TB and HIV outcome indicators
- technology acceptance model (TAM) as an approach for the KAB survey
- TB line list
- quality improvement
- District Health Plan (DHP)
- POPI Act

Loss To Follow-Up Unit

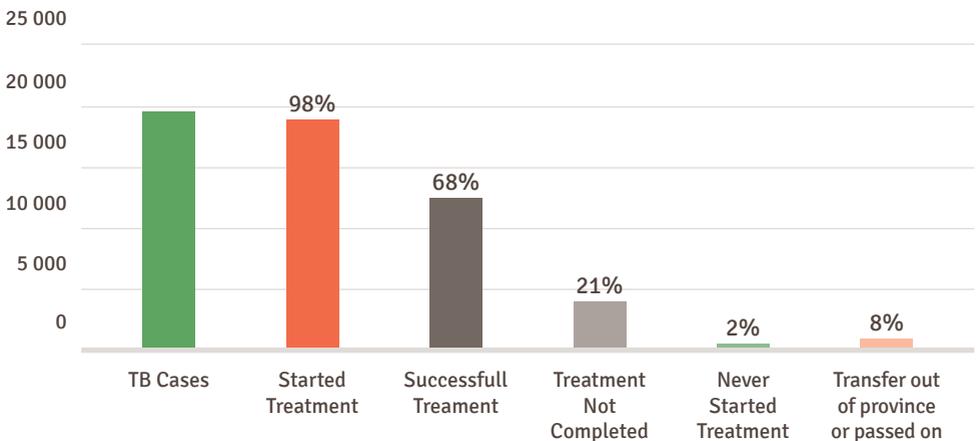
With the aid of funding from some of our valued partners, the LTFU Unit was established in 2021 within MHS. Its initial purpose was to be a follow-up and promotion point for **people to complete their primary course for COVID-19 vaccinations** and thereby, be fully vaccinated.

The activities undertaken by the unit include:

- capacity development and training
- implementing tools and improving processes
- advising on electronic information tools developed by the PHDC
- contributing to the development and implementation of policies and processes relevant to the sustainability of their crucial activities

Using lessons learnt in the initiation phase, the mandate of this unit has now grown to facilitate the transitioning of select MHS activities to be more data-driven, while supporting the use of digital tools to improve health outcomes in priority areas such as HIV and TB treatment.

STATUS of TB Clients - Cape Metro (2020)



The unit now comprises of several components, including:

- a call centre team (as part of supporting a telehealth intervention to action linking HIV and TB clients back into care)
- a process and improvement team (as part of facility-based support to improve activities)
- a training team to advise on new tools and wider roll out of systems,
- and a supporting team providing clinical and project guidance to the overall unit.

Wellness Mobiles for Schools Health



THF is proud of its role as a continued partner to the Wellness Mobiles for Schools Health project.

This project forms a part of the broader Integrated School Health Programme delivered by the Western Cape Government. The project targets schools in quintiles 1 and 2. The overarching goal of the project is, on a micro-level, to **reduce the negative impact of immediate health-related barriers to learning**; on a macro-level, the intervention strives to foster sustained positive health outcomes for learners and their communities. The wellness mobiles provide an innovative service platform which integrates different

healthcare services tailored for schools' health in one vehicle. Currently, there are five operational busses serving the Western Cape Province, with two in the metro and three in rural.

The project has reached a maturity level and this year, optometry, dentistry, and general healthcare services were provided to at least 62 primary schools a headcount of at least 7,808 children recorded. During school breaks and holidays, the busses were also utilised as COVID-19 testing stations.

We are thankful to our partners, particularly the Dis-Chem Foundation, which has provided immense support towards the service over the years.



General healthcare services were provided to at least **7808 children.**

CURRENT PROJECTS

Wellness Mobiles for Schools Health

Telehealth Service

Long queues and waiting times at healthcare facilities continue to pose a challenge in South Africa's public health sector, resulting in an overburdened system.

Hello Doctor is a telehealth intervention that **aims to reduce the patient load at primary healthcare level**. This is done through offering a dedicated USSD number that allows one to request a doctor call-back service before going to a clinic/hospital.

Currently, the programme is being run in two provinces, i.e., Western Cape (Delft CHC & Symphony Way CHC) and Gauteng (KT Motubatse CHC in Soshanguve).

Through its implementation, there has been a **notable reduction in patient load at the facilities**, and convenient access to services offered in a cost-effective manner.

Of the 8,612 tele-triage consultations conducted during the pilot phase, 82% of all call-back requests were made when patients were at home (away from the clinic). About 54% of all calls were classified as “non-essential.” Of the non-essential engagements, 42% were referred to a pharmacy for over-the-counter medications and 13% were advised to return to the clinic if symptoms persisted.



Western Cape On Wellness (WOW)

Together with the WCGHW, we continue to highlight and honour the collective health and wellness-promoting achievements of a growing network of passionate volunteer WoW! Wellness Champions, WoW! Group Members, and WoW! Partners.

The goal of this initiative is to promote health, reduce health inequalities, and strengthen social inclusiveness/connectedness by co-creating enabling environments for sustained healthy lifestyle choices throughout our lifespan.

A major highlight for this year is that most WoW! in-person activities have resumed, and these include the meeting of clubs as well as efforts and emphasis on healthy eating and the joy of movement.

These culminated in the celebration, at the annual awards ceremony held on 24th February 2022, with the Champions who contributed the most towards the celebration of wellness in the Western Cape during 2021.



Completed Projects

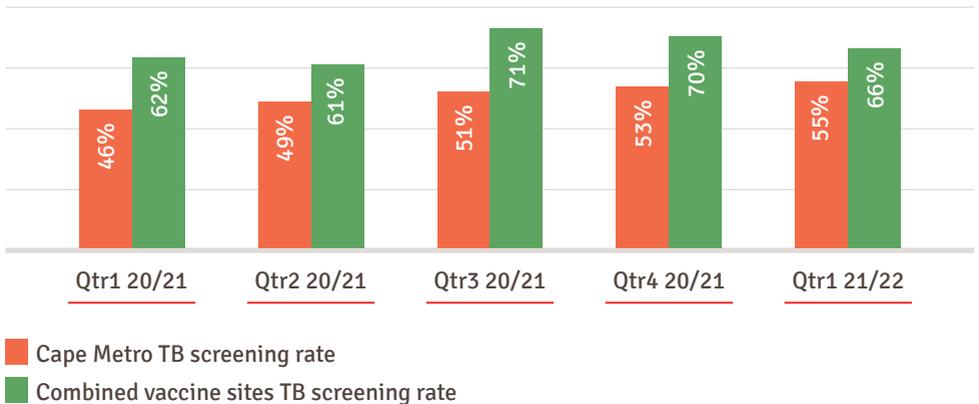


Project 90-90-90

Another highlight for the past year is that we successfully managed to complete our obligations for the pilot phase of our agreement with USAID and the implementing partners of WCGHW and CoCT. The pilot was aimed at learning about the strategic, operational, and institutional considerations for designing a larger G2G agreement with the implementing parties. This was to be addressed through the following objectives as a kick-start:

- 1** Strengthening health service delivery and implementing an efficient and well-coordinated response to infectious conditions such as HIV/AIDS, tuberculosis (TB), and COVID-19 in the Western Cape Province.
- 2** Addressing some of the social determinants of health that are multi-disciplinary, in collaboration with other Western Cape Provincial Departments.
- 3** Operationalizing innovative public health best practices that are based on Community Oriented Primary Care (COPC), draw from market-based solutions, and holistically address the social determinants of health.
- 4** Meaningfully addressing barriers confronting client and health worker behaviours to promote long-lasting health outcomes and sustainable health care systems.

A highlight of the above pilot is that TB and COVID-19 screening efforts have remarkably increased and are fully integrated as part of services.



Vaccination Stations

From the onset, it was identified by the various health substructures that the roll-out of the vaccination programme was going to have to be ramped up.

The lack of suitable infrastructure was mooted as one of the main concerns as social distancing would have to be adhered to in the face of large numbers of people expecting to be vaccinated. Alternative options had to be sought due to the added pressure of limited space caused by ongoing large-scale screening and testing at that stage.

We are thankful to the partnership of USAID, CIPLA as well the WCGHW in sourcing the innovative, movable and most secure form of temporary vaccination stations (VaccStations). The VaccStations were deployed at several potential burning points in the Metro that at peak saw up to 300 people daily. These sites included:

- Khayelitsha Hospital
- Vanguard CHC
- Khayelitsha Site B CHC
- Eerste River Hospital



The VaccStation setup included the actual vaccination unit where clients were screened and received their vaccination and a second unit where patients were seated and monitored for 15-30 minutes post vaccination. The second unit included facilities for tending to clients who might need support should they develop a severe reaction to the vaccine.

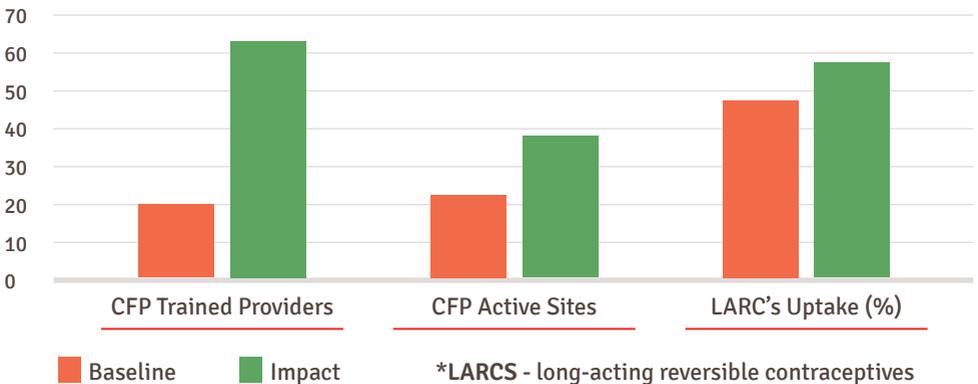
Comprehensive Family Planning (CFP)

March 2022 saw the conclusion of the Comprehensive Family Planning (CFP) Programme in the Cape Winelands District (CWD). The project's main aim was fulfilling the rights of women and girls to access safe

family planning options/alternatives by increasing the provision of a quality CFP.

The number of trained CFP providers in the CWD increased to 64, exceeding the project target of 52.

Comprehensive Family Planning Project - Key achievements (2018 vs 2022)



Uptake of safe CFP services was promoted through the following strategies:



Revised Family Planning materials including leaflets and posters



WhatsApp Platform for CFP providers



Newsletters



Values Clarification and Attitudinal Transformation (VCAT) Workshops for service providers



Sexual & Reproductive Health Engagement events



External Media Engagement



Sharing Safe CFP documentaries

COMPLETED PROJECTS

Comprehensive Family Planning (CFP)

UbuntuCare Mask Initiative

2021 also saw the close of the UbuntuCare mask initiative which had been set up in 2020 at the height of the COVID-19 pandemic. This public-private initiative provided free quality cloth masks (non-medical) to children and adults at-risk communities in various communities in the Western Cape and Gauteng. The partnership aimed to co-create a sustainable platform for marginalised, vulnerable seamstresses and craftspeople by capacitating and exposing them to a mainstream buying market. This provided employment and promoted financial well-being within these communities.

Programme Highlight
**Skills development
and employment
creation for community
seamstresses**

476406

masks made
April-Dec 2020



280

unemployed
seamstresses
employed



1200

vulnerable
dependents
supported



R3M

paid out as
income for
seamstresses



Appreciation to our partners: Western Cape on Wellness (WOW), Coconut Jazz, and the Infection Control Africa Network (ICAN).

Beyond the Horizon What's new in 2022-23



Knowledge Translation Unit (KTU)



An exciting chapter lies ahead for the future of THF. In a strategic development, KTU has merged with THF, and will now form part of the strategic units under its banner.

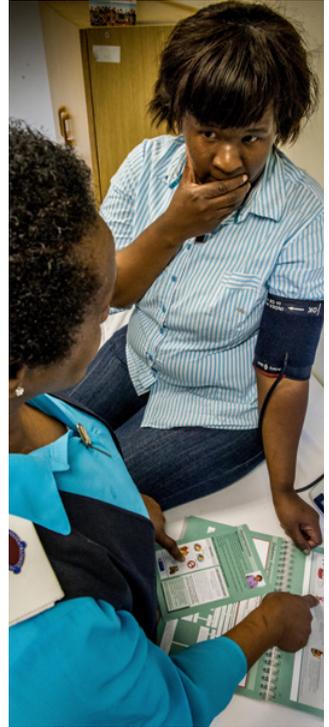
The KTU was founded in 2005 by Professor Lara Fairall to continue work begun in the late 1990s to provide primary care guidelines and training on respiratory diseases. It has since expanded its scope to address all priority conditions in primary healthcare. The Unit is divided into four teams and employs 27 staff members.

For the last 20 years, KTU has developed, tested, and refined a flagship health systems innovation known as the Practical Approach to Care Kit, or PACK. This programme provides primary healthcare workers in low-resource, high-burden settings with the knowledge, skills, and support to provide evidence-informed care.

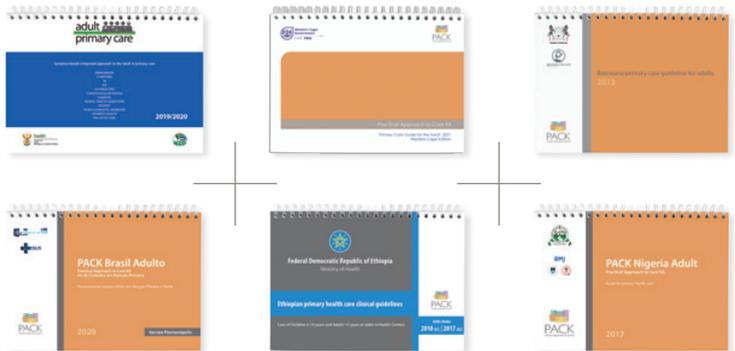
PACK is about bridging the gap between what we know and what we deliver, and directly targets the long delays, which can last for many years between establishing effectiveness of new treatments and diagnostics, and delivering them at sufficient scale to impact population health.

PACK has been widely implemented throughout South Africa where it is used as the go-to tool by more than 30,000 health workers, mostly nurses, across its 3,500 primary care clinics. Brazil, Nigeria, and Ethiopia see PACK as the go-to innovation for strengthening primary care in a way that is locally owned, relevant, and sustainable. PACK is currently at various stages of implementation in these countries. KTU has received interest for PACK from ministries of health in many countries, including China and Vietnam. This year, the World Bank and Ministry of Health of Indonesia are working together with the KTU to localise and implement PACK to support that country's primary care reforms. KTU is also updating the PACK Adult guide to align to WHO guidance and essential medicines lists so that it forms the clinical decision support component of the World Health Organisation (WHO) WHO Academy training course for primary care. This goes towards ensuring that PACK becomes a normative document for primary care in low resource settings around the globe.

KTU also offers an online learning platform which houses additional online training courses used for primary care workers in South Africa, with 34 courses published to date. There have been 33,259 enrolments in various courses since April 2020, and a total of 21,552 completions (65% completion rate) to date.



**PACK
GOING
GLOBAL**



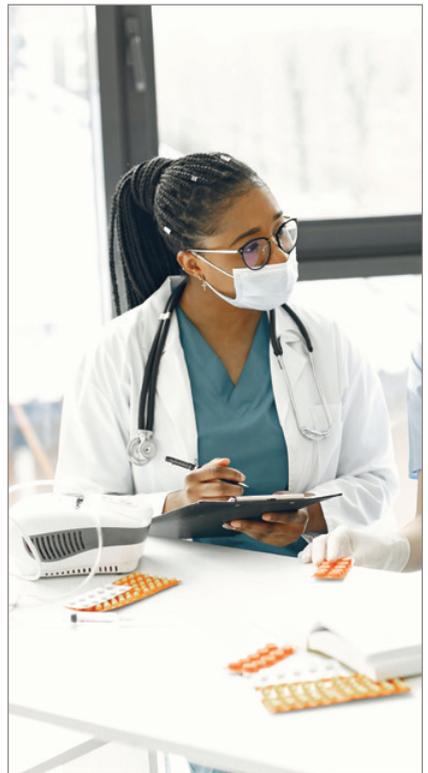
Cape Town Surveillance Through Healthcare Action Research

One of the exciting projects lined up for the year ahead is the Cape Town Surveillance through Healthcare Action Research (C-SHARP) project.

The project is currently at initiation stage, and implementation is expected to roll-out in the next three months in the geographical sites of Nomzamo and Bishop Lavis in the Western Cape.

The C-SHARP project's vision is **to improve the well-being of citizens, directly and indirectly**, by tightly integrating service delivery activities and routine administrative information systems to enhance platforms for research and service innovation. The ultimate goal is to gain a better understanding of the socio-economic well-being of poorer urban communities and exploring important demographic trends.

The project will be conducted in partnership with various stakeholders including the WCGHW, SAMRC, SAPRIN, local universities, and local NPOs such as Masincedane and Masiphumelele.



Financial Overview



Remarks from the Treasurer



“ It has been a year of **significant progress** for THF in terms of its **sustainability** and **ability** to carry out its mandate.”

THF has worked tirelessly to ensure that the funds and support we receive from our partners and donors translate to the work and impact set out in our mission: To mobilise resources to enhance services in the public health system.

Despite COVID-19, THF has maintained a sound financial position. In the year ended 28 February 2022, our cash reserves were R21.5 million. We received R39 million in cash receipts from donors and funders and have maintained our accumulated surplus of R10 million. Excluding income deferred to future years, our revenue for projects executed during the year was R28 million, an increase of R9 million from the previous year. In the past year, a slight net expense deficit of R188,000 was recorded as a result of deferred income subsequently realized in the new financial year.

In our growth, we understand that compliance is crucial in validating our good standing. This ensures that stakeholders have a clear understanding of our position and how we steward the funds entrusted to us. Our governance, internal controls, and risk management processes provide us the ability to assess the current positioning, intended destination, and how we intend to reach it.

This brings me to the most important point, that THF is well-positioned to continue strengthening health systems in South Africa. As we fulfil our mission, we will continue to focus on maintaining existing partnerships and building new ones with parties who share our vision.

Statement of Fiducial Responsibility

The Board of Directors is responsible for the maintenance of adequate accounting records, and the preparation and integrity of the financial statements and related information. In addition, the directors are also responsible for THF's systems of internal financial control. These are designed to provide reasonable, but not absolute assurance as to the reliability of the financial statements, to adequately safeguard, verify, and maintain accountability of assets, and to prevent and detect misstatement and loss. Nothing has come to the attention of the directors to indicate that any material breakdown in the functioning of these controls, procedures, and systems has occurred during the year under review.

The financial statements have been prepared on the going concern basis, since the directors have every reason to believe that THF has adequate resources in place to continue in operation for the foreseeable future.

The annual financial statements were approved by the Board of Directors and signed on its behalf by:



Mr Carl Liebenberg

Chairman



Dr Mandla Moyo

Treasurer

The information in this report has been extracted from the annual financial statements of THF as of 28 February 2022. The annual financial statements have been prepared in compliance with International Financial Reporting Standards for Small and Medium-sized Entities. The annual financial statements of THF have been externally audited by IJH du Plessis Chartered Accountant (S.A.) and these are available in their entirety on THF's website (www.thehealthfoundation.org.za).

Statement of financial position

	Notes	2022 (Rand)	2021 (Rand)
ASSETS			
NON-CURRENT ASSETS			
Property, plant and equipment	2	29,244	49,368
CURRENT ASSETS			
Trade and other receivables	3	2,815,945	864,708
Cash and cash equivalents	4	21,585,659	39,576,060
		24,401,604	40,440,768
Total Assets		24,430,848	40,490,136
FUNDS AND LIABILITIES			
FUNDS			
Accumulated surplus		10,236,833	10,425,636
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	5	14,194,015	30,064,500
Total Equity and Liabilities		24,430,848	40,490,136

Statement of comprehensive income

	Notes	2022 (Rand)	2021 (Rand)
Revenue	6	28,340,694	19,588,436
Charitable activities	7	(28,968,014)	(14,575,542)
Net charitable (deficit) / surplus		(627,320)	5,012,894
Other income	8	1,491,859	1,612,636
Operating (deficit) / surplus	9	(2,242,172)	(2,939,554)
Operating surplus / (deficit)		(1,377,633)	3,685,976
Investment revenue	10	1,188,830	737,251
Surplus for the year		(188,803)	4,423,227

Statement of changes in equity

	Accumulated surplus (Rand)	Total equity (Rand)
Balance at 01 March 2020	6,002,409	6,002,409
Surplus for the year	4,423,227	4,423,227
Balance at 01 March 2021	10,425,636	10,425,636
Surplus for the year	(188,803)	(188,803)
Balance at 28 February 2022	10,236,833	10,236,833

Statement of cashflow for the year

	Notes	2022 (Rand)	2021 (Rand)
CASH FLOWS FROM OPERATING ACTIVITIES			
Cash receipts from customers		39,303,151	49,306,471
Cash paid to suppliers and employees		(58,531,756)	(16,256,088)
Cash (used in) generated from operations	12	(19,228,605)	33,050,383
Interest income		1,188,830	737,251
Net cash from operating activities		(18,039,775)	33,787,634
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of property, plant and equipment	2	-	(30,589)
Total cash movement for the year		(18,039,775)	33,757,045
Cash at the beginning of the year		39,576,060	5,808,445
Cash balances		49,374	10,570
Total cash at end of the year	4	21,585,659	39,576,060



*A special
thank you*

to all our **partners, donors, sponsors, and friends** who have put their trust in us to make the gift of health a reality. Optimising the wellness of our people is an investment in our collective quality of life and long-term social and economic health.

Our Partners

BILL & MELINDA
GATES *foundation*



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