



THE
HEALTH
FOUNDATION

ANNUAL REPORT 2023

Together Towards Wellness



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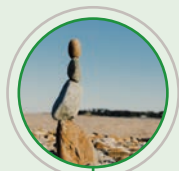


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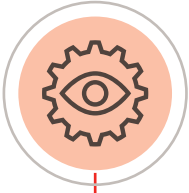
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Introduction

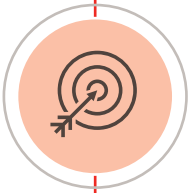


About us



Vision

Together Towards Wellness



Mission

To mobilise resources that enhance services in the public health system through collaboration with public and private stakeholders



Values

Together Towards Wellness is achieved through: accountable partnerships, innovative thought, and excellence in public health, through people-centred, results-focused projects

Registrations

Company Registration No	2011/128044/08
NPO No	168-875
PBO No	930046175
Vat Registration No	4550274486
Duns No.	557386605
NCage Code	SJPE6
Equivalency Determination	1634

Board & Governance

HR Committee



Dr Reinder Nauta
Founder & Managing Director
National Health Group



Ms Letebele Jones
C & E Manager
SKA-Mid, SKAO

Audit, Finance and Risk Committee



Mr Carl Liebenberg
Chairperson of the Board
Terayon Capital Partners



Dr Mandla Moyo
CEO
Sports Science Institute



Mr Dirk Heyns
Director: Finance
WC: Health & Wellness

Strategy and Partnerships



Dr Japie du Toit
Regional Manager
Life Healthcare



Prof Lara Fairall
Director of the
Knowledge Translation Unit



Dr Saadiq Kariem
Chief of Operations
WC: Health & Wellness

Foreword from Chairperson



“ It is heart-warming to witness our teams working tirelessly to better understand the **unique needs** of the **local communities**...”

I write this foreword with great enthusiasm, as we reflect on the strides the Foundation has taken over the last year.

In the spirit of unity and collective purpose, the Foundation has progressed in its vital endeavours and unwavering commitment to supporting the enhancement of services in the public health system. This has been achieved through collaboration with public and private stakeholders including local NPOs, government, academic institutions and funding bodies, thus demonstrating the power of collective action in improving community health outcomes.

We have fostered our partnerships to bring projects that integrate technology, research, health guides, and many more innovative models showcasing our commitment to staying at the forefront of healthcare advancements, while maintaining a personal touch.

The concept of Community-Oriented Primary Care (COPC) encompasses a holistic approach, that considers the well-being of the individual within the context of their community. It is heart-warming to witness our teams working tirelessly to better understand the unique needs of the local communities, fostering relationships that empower individuals to take control of their health journey.

Our growth has been significant, both in terms of impact and revenue generated. We ended the last financial year with revenue of R52.7m versus R28.3m achieved the year before.

As we forge ahead, the Board remains steadfast in its support of the organization's leadership, staff, partners, and every individual who contributes to the realization of our mission. Their dedication and unwavering spirit are a testament to the positive impact we can achieve when we work together.

Message from the CEO



“ It is evident that with the right tools, the Foundation can positively impact service delivery in healthcare. ”

From the onset, we have always prioritized wellness by mobilizing resources and collaborating to support accessible, comprehensive, and compassionate healthcare services. Throughout the past year, our focus has been on ensuring that we drive wellness through community-oriented primary care.

We have made significant strides in fulfilling our mission; and I would like to highlight some projects that have taken off in the past year:

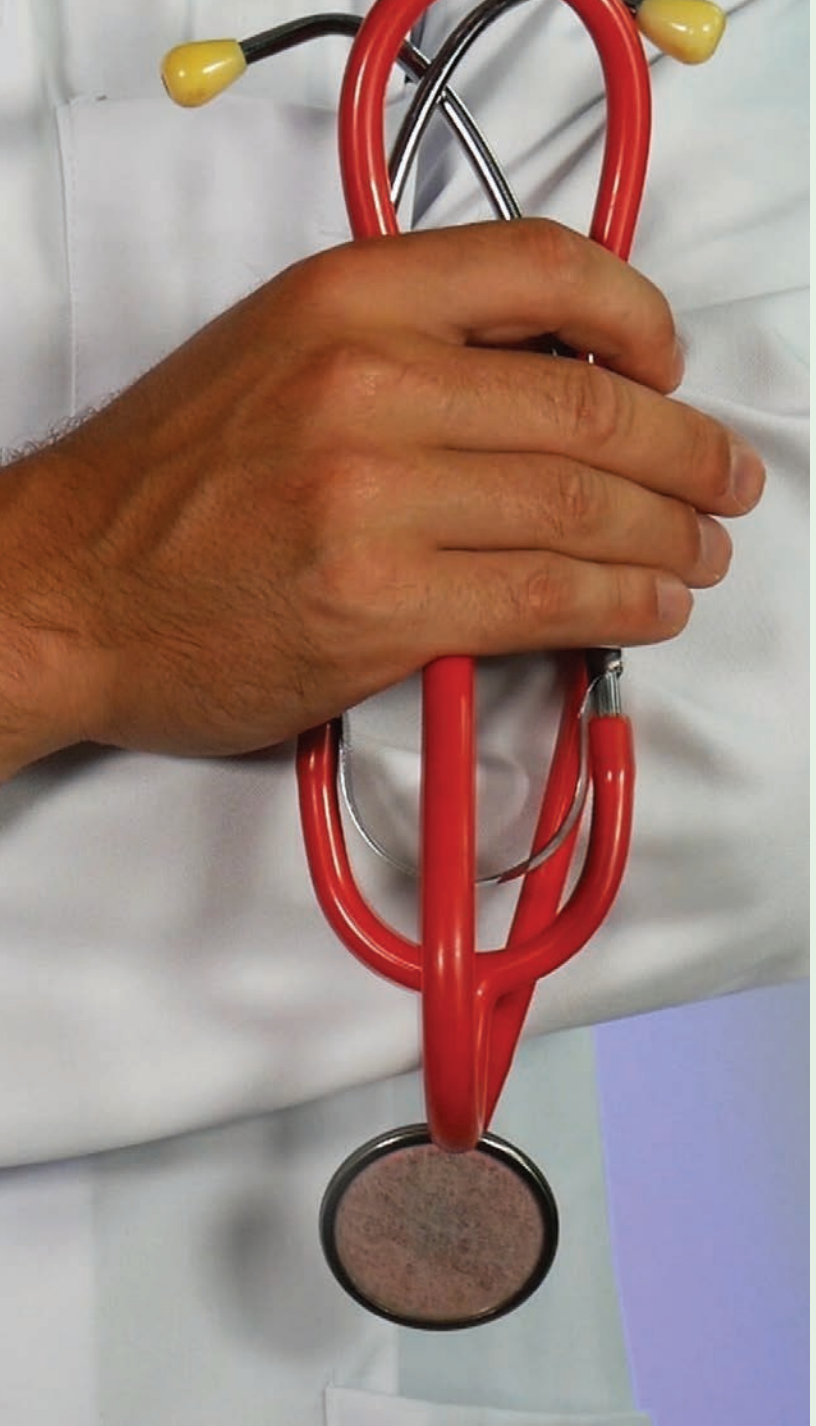
1. The Cape Town Surveillance through Healthcare Action Research Project (C-Sharp). It provides a platform to help understand the socio-economic well-being of poorer urban communities, exploring important demographic trends and enabling comparative analyses with other urban nodes to inform policymaking and resource allocation.
2. We partnered with the Road Accident Fund (RAF) to deliver a first-of-its-kind “Drivers Wellness Programme” that provides free eye care and primary healthcare to drivers who carry large numbers of commuters (e.g., taxis, buses) and freight through mobile health buses.

It is evident that with the right tools, the Foundation can positively impact service delivery in healthcare. Through the work done by the Knowledge Translation Unit (KTU) and the Scaling Data Use to Improve Patient Care project, we have been able to gain deeper insights into community health trends through research and introducing tools that can assist healthcare providers with service delivery.

Going forward, the Foundation will continue to be strategic in our collaborations to expand the reach and impact of our programs. The Artificial Intelligence in the healthcare space is an area that we would like to focus on more, as we believe AI holds immense promise in revolutionizing healthcare.

Lastly, I would like to extend my gratitude to our dedicated board of directors, staff, supportive partners, and engaged communities. Together, we are making a meaningful impact on the well-being of countless lives.

Current Projects



Core Focus Areas



Service Delivery

- Knowledge Translation Unit (KTU)..... 10



Health Systems Strengthening

- Scaling data use to improve patient care 13



Mobile Solutions for Health

- Drivers Wellness Programme 17
- Wellness Mobiles for Schools Health..... 18



Community Services & Research

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The evolution of the Knowledge Translation Unit (KTU) and recent achievements

In June 2022, the Knowledge Translation Unit (KTU) seamlessly transitioned into The Health Foundation's umbrella, solidifying a strategic partnership with the Western Cape Department of Health and Wellness (WCDHW) that now hosts the KTU's service delivery initiatives. This collaboration balances service with research through its inclusion in the Department of Medicine at the esteemed Faculty of Health Sciences at the University of Cape Town, under the stewardship of Professor Lara Fairall.



Over the past year, the KTU has made significant strides. The highlight was its relocation to modern premises at Great Westerford in Newlands. This move was necessitated by its growth with 18 highly skilled team members joining the now 42 person-strong team, reinforcing the KTU's **capacity for responsive, impactful work.**



PACK Adult 2023 Launch

The **Practical Approach Care Kit (PACK) Adult**, an extensive clinical guide and training programme, continues to grow its reach among frontline health workers and communities. Successfully implemented across diverse regions including Cape Town, Brazil, Ethiopia, and Nigeria, its national adaptation, **Adult Primary Care (APC)**, has become an integral component of South Africa's primary healthcare framework.

In August 2023, a significant milestone was reached with the launch of the PACK Child guide. This **innovative and comprehensive guide** covers the primary care management of all children up to age 13, whether sick or well. Set to be released this October by the Western Cape Department of Health and Wellness, it accentuates KTU's dedication to enhancing health systems throughout life.

Simultaneously, the release of **PACK Brazil 2023** marked a decisive moment, initiating training and implementation processes in five Brazilian states. The KTU is supporting their first social franchise in partnership with the largest public health institute in Brazil, Fiocruz, through establishment of the Unidade de Tradução de Conhecimento (Knowledge Translation Unit in Brazilian Portuguese) which will support scale-up of PACK across the country.



PACK Brazil training

Closer to home, an integral part of the KTU's impact is its robust healthcare education department, pivotal in supporting PACK programmes and clinical education. With a rich history comprising 55 courses, this department has consistently driven excellence. Most recently the KTU worked to launch the People Development Centre's online training platform in collaboration with the Western Cape Department of Health and Wellness. This platform, catering to Department of Health personnel, has introduced 15 intensive online courses in its first three months. Nationally, the APC platform boasts enrolment of over 10,000 students.



WC Department of Health & Wellness Training

The KTU prioritises innovation and has made important strides towards making PACK future-proof for the digital and **Artificial Intelligence** age. Our inaugural app delivers chronic condition guidance for primary care clinicians for 11 common conditions and caters specifically to people living with multiple of these, making it the first app of this kind on the African continent. This app is currently undergoing testing and pilot phases before wider release. The KTU also secured its first AI project to train and test Large Language Models to extract recommendations from the plethora of available clinical guidelines to identify what needs to be implemented in practice. This is part of a Bill & Melinda Gates Foundation initiative to foster equitable AI utilization in Low- and Middle-Income Countries.

CURRENT PROJECTS

The evolution of the Knowledge Translation Unit (KTU) and recent achievements

The **ENHANCE** (EvideNce led co-created HeAlth systems interventioNs for multiple Long-term Condition CarE) project, a collaborative research endeavour uniting UCT, UKZN, Wits Health Consortium, King's College London, University of East Anglia, and Oxford University, is indicative of KTU's research leadership. This project is geared towards enhancing care for individuals managing multiple chronic conditions.

With active engagement among provincial and district stakeholders, healthcare professionals, and patients in the Western Cape and KwaZulu Natal, the intervention has begun its implementation journey across the two provinces. Training has already empowered 163 clinicians and 132 Community Health Workers in 8 clinics in the Western Cape and has been enthusiastically received by clinicians who have welcomed the opportunity to reflect critically on what care they provide to patients attending for their chronic care follow-up conditions.

ENHANCE's Advocacy Academy, which comprises 14 women living with multiple chronic conditions, signifies the KTU's commitment to capacity-building and genuine community engagement. This group has received comprehensive training in various domains, including storytelling, confident communication, public speaking, and media engagement. Their active role in identifying gaps and influencing intervention development underscores their potential as community advocates for transformative healthcare change.



ENHANCE's Advocacy Academy

Another trailblazing project, **PACK Adolescent**, focuses on strengthening primary healthcare for adolescents across both health and education sectors. Involving six clinics and 12 schools in the Western Cape, this project prioritizes adolescent perspectives to inform intervention design and evaluation and will complement the unit's adult and paediatric offerings.

Scaling data use to improve patient care

The Scaling Data Use to Improve Patient Care project, a partnership between The Health Foundation (THF), Metro Health Services (MHS), City of Cape Town (CCT) and the Provincial Health Data Centre (PHDC), was launched in March 2021 and is now in its 3rd year.

The latest focus areas and highlights of the project are:

- 1** Ensuring that more staff have access to the Single Patient Viewer (SPV).
- 2** Escalating the roll out of SPV training.
- 3** Introducing SPV improvements to sub-district Information Management and Clinical managers during an exciting roadshow.
- 4** Launching a self-paced course on the MyLearn platform called SPV For Clinical Use which will have broader reach and will make training easier.
- 5** Creating a new version of the SPV usage report with a user guide. The HIV and TB 95-59-95 report and the HIV cascade report is now live on SPV.

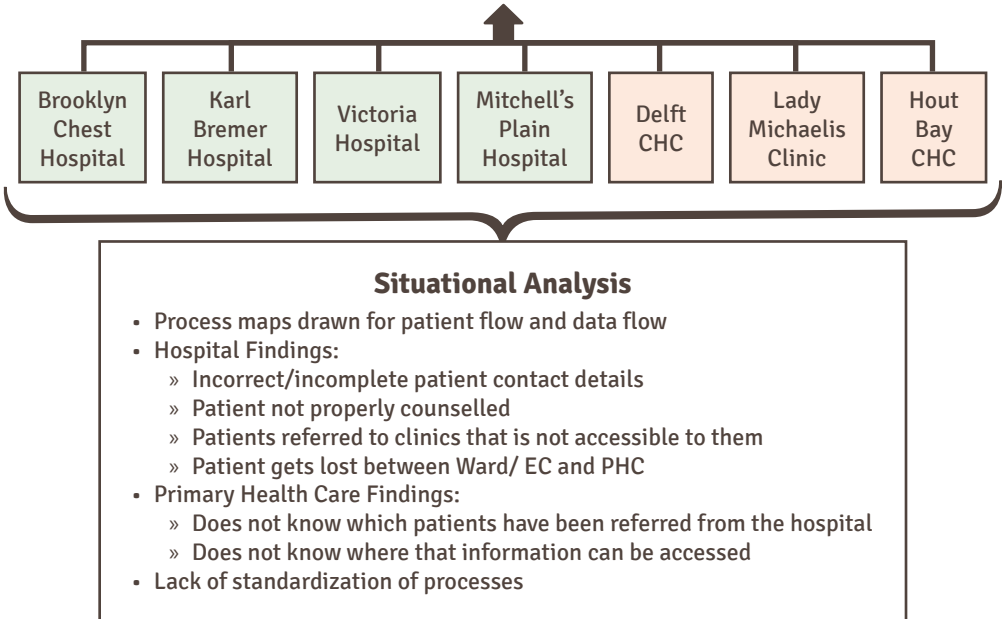
This comes on the background of the Situational Analysis conducted at the initiation of the project by the MHS and CCT teams, which showed that the data producers (clinicians, administrators, managers) have low confidence in the routine health information system data. This results in challenges in the uptake, analysis, and interpretation of health services data.

Through various **quality improvement interventions**, the findings were that there are multiple health information systems, incorrect patient contact details and no standardization of referring patients from hospital to PHC (figure 1).



Scaling Data Use to Improve Patient Care Project members at the SA AIDS Conference

TB Linkage to Care SOP: Hospital to PHC



Findings from the Situational Analysis

It was on this premise, that an undertaking was made for the following study to be done 'Understanding of health workers' experiences and attitudes towards using electronic health information systems.' A survey was conducted, and information collected from 65 health facilities across Cape Town metro with 1435 staff members participating.

The survey aimed to:

1

Measure the state of electronic data systems use by health workers in Cape Town.

2

Describe health worker knowledge, attitudes, and practices relative to electronic data systems.

3

Track changes in knowledge, attitudes, and practices over the duration of implementation of the 'Scaling Data use to Improve Patient Care' initiative.

4

Develop an understanding of the variables that influence data system usage, and their interplay.

Key Findings

Electronic Health Information Systems (EHIS):

- Low usage of EHIS: Almost one third of clinical health worker participants do not use EHIS at all
- Skills Gap: Almost 40% of EHIS users rate their skills as ‘average’
- Attitude towards EHIS: Easy to use, but some concerns about accuracy, completeness, and confidentiality
- Training is associated with perceived usefulness of EHIS

Single Patient Viewer (SPV):

- Adequate training on SPV remains important: almost half of those using SPV have not been trained
- Attitudes towards SPV:
- More than 95% of SPV users reported that it helps manage patients better and is useful for getting patient information from other facilities

What do we plan to do with the information gathered?

- Communicate and market the usefulness and benefits of use of EHIS and SPV
- Provide targeted education and training across the services
- Escalate training and provide on-site user support and mentoring
- Facilitate user feedback to the PHDC to ensure tool improvement

Dissemination of findings

1

A dedicated session was held on World TB day to explore provincial initiatives and lessons learned from activities undertaken in the province.

- The overview focused on the difficulties the province is facing with regards to TB and efforts that have been made to address some of the challenges faced.
- The MHS team presented TB linkage to care: Hospital to PHC referral. These engagements contributed to the refinement of SPV tools.

2

We also participated at two international conferences where insights gained were shared.

- At the SAAIDS conference the team presented in a satellite session titled, “Health Systems Strengthening through Information Management”
- At AIDSIMPACT in a satellite session titled: “Implications of COVID on patient care and access to services”.

Both these sessions built on the tools and efforts of the Provincial Health Data Centre.

Cape Town Surveillance Through Healthcare Action Research – (C-Sharp)

2023 has seen the active roll-out of the Cape Town Surveillance through Healthcare Action Research Project – (C-SHARP). Forming part of the wider South African Population Research Infrastructure Network (SAPRIN) with three established nodes in South Africa, C-SHARP is a new urban Health and Demographic Surveillance Site (HDSS) in Cape Town. The operating sites are Nomzamo and Bishop Lavis which have a combined estimated population of 120 000 to 150 000 individuals.

C-SHARP's vision is to **improve the well-being of citizens**, directly and indirectly, by tightly integrating service delivery activities and routine administrative information systems to enhance platforms for research and service innovation. The goal is to gain a better **understanding of the socio-economic well-being** of poorer urban communities and exploring important demographic trends.

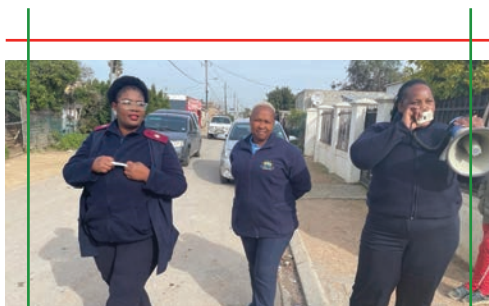
This project also aims to support and strengthen Community Oriented Primary Care (COPC) implementation in the Western Cape and provides detailed health data for trend management and **developing intervention measures**.

C-SHARP is implemented through concerted efforts of a consortium including the Health Intelligence Directorate, Metro Health Services, Cape Town Municipality, local NPOs, Universities of Cape Town, Stellenbosch and Western Cape, with more partners anticipated. This consortium model allows C-SHARP to be a shared research resource for all local stakeholders.

As the appointed grant recipient, The Health Foundation has entered into sub-grant agreements with Masincedane and The Caring Network NPOs as project implementation partners, to facilitate the channelling of funds and in turn enable the NPOs to carry out their day-to-day operational activities and fulfil their data collection obligations to SAPRIN.

Key developments thus far:

- Employment of a full central team cohort
- Multi-stakeholder and cross-sectoral collaboration particularly with other local NPOs, namely Masincedane and The Caring Network
- Employment of 61 community health workers and 5 nurse coordinators to facilitate project implementation



Community engagement in SAPRIN Node

Drivers Wellness Programme

Truck, bus, and taxi drivers spend a considerable amount of their lives on the road, making it tough for them to access basic healthcare. This situation poses a two-fold problem – it endangers the well-being of drivers and the overall safety of everyone using South Africa’s roads. To tackle this challenge head-on and make our roads safer, The Health Foundation (THF) teamed up with the Department of Transport’s Road Accident Fund (RAF), in collaboration with Guud and African Mobility Solutions (AMS).



The result?

The Driver Wellness Programme was launched as a mobile clinic designed to provide much-needed healthcare services to drivers right on the job.

When we dive into accident data, it’s clear that a significant amount of road accidents, contributing to an annual cost exceeding R188 billion, could be linked to factors like impaired vision, reduced concentration, fatigue, and dizziness. Surprisingly, many of these incidents are tied to undiagnosed medical conditions such as epilepsy, diabetes, and hypertension – health issues that can be spotted and treated promptly.



As a result, this innovative mobile clinic solution provides Primary Health Care (PHC) services to drivers directly. This includes keeping tabs on vital signs, checking for high blood pressure, anaemia, and diabetes as well as comprehensive optometry services including vision assessments and immediate provision of prescription spectacles on the spot.

The pilot is running for 12 months throughout all 9 provinces of South Africa, reaching over 1000 truck, bus, and taxi drivers per month. Spots like taxi ranks, roadblocks, weighbridges, and truck stops were strategically chosen as they make it easy for drivers to access essential health assessments.

Wellness Mobiles for Schools Health

This past year, this innovative project reached 31 920 children, thanks to our collaborative efforts with The Dis-Chem Foundation and the Western Cape Department of Health and Wellness.

The School Health Wellness Mobiles are part of the Integrated School Health Programme, offering **preventive and diagnostic services** for primary school children. These mobiles are equipped with top-notch facilities, delivering healthcare, optometry, and dentistry to **underserved communities** and schools in the Western Cape Rural and Metro sub-district schools.

Services rendered on the bus:



Optometry

- Eye Tests
- Dispensing Spectacles



Dentistry

- Cleaning and Polishing
- Fissures Sealants
- Extractions
- Referrals for Dental Impairments



Primary Health Care

- Immunisations & Deworming
- Weight Measurements
- Testing gross & fine motor skills
- Skin & other ailments

Notably

We are thankful to the Dis-Chem Foundation, who continue to offer soap and toothpastes for distribution in schools as additional support for maintaining hygiene and oral care.

Tele-Health

Long queues and waiting times at healthcare facilities remains a formidable challenge within South Africa's public health sector, contributing to the strain on the system's capacity. THF & MMH efforts are towards **strengthening the healthcare system** in under-resourced communities through the Hello Doctor tele-health triaging system.

The service has footprint currently in 2 provinces i.e Delft Community Health Centre and Symphony Way Clinic in the Western Cape as well as KT Motubatse Clinic in Gauteng.

The poster features the Momentum and Metropolitan logos at the top. The main text reads: "TALK TO A DOCTOR ON YOUR PHONE! Skip the queue, go straight to the pharmacy." Below this, it asks "Tired of waiting?" and explains that users can get advice from a doctor on the phone by submitting a request. A large red button displays the number "*120*394*300#" with the text "Dial -" above it and "to talk to a doctor." below it. A circular inset shows a hand holding a smartphone with a red callout saying "It's FREE!". The bottom of the poster includes the Western Cape Government logo and the text "FOR YOU", along with The Health Foundation South Africa logo and the tagline "Together towards wellness".

Impact:

2971

Engagements from
1 March 2022 to 28 Feb 2023

2289

Total registrations during
the reporting period

57%

Referred to the doctor queue
in the clinic on the day

41%

Resolved (no referral / referred to clinic pharmacy / told to
only go see the doc in 3 days' time if symptoms persist)

2%

referred
to other

Our Partners

Public & Academic Sector



Private Sector



Financial Overview



Remarks from the Treasurer



“THF has worked tirelessly in ensuring that the **funds and support** we receive from our partners and donors translate to the **work and impact** set out in our mission...”

We are thankful for the support we received from all our stakeholders that allowed us to meet the three key financial objectives that support our mission: A stable financial core; Continued long-term sustainability; and Increased inflows that have expanded our reach.

THF has worked tirelessly in ensuring that the funds and support we receive from our partners and donors translate to the work and impact set out in our mission “to mobilize resources to enhance services in the public Health System”.

We have maintained a sound financial position. In the year ended 28 February 2023, our cash reserves were R22.7 million. We received R64 million in cash receipts and we have increased our surplus to R12.6 million.

Excluding income deferred to future years, our revenue for projects executed during the last financial year was R52.7 million which is an increase of 24.7 million from the prior year.

In our growth, we understand that compliance is crucial in validating our good standing. We ensure that stakeholders have a clear understanding of our position and how we steward the funds entrusted to us. Our governance, internal controls and risk management processes provide us the ability to assess the current positioning, intended destination, and how we intend to reach it.

Lastly, I would like to give assurance that THF is well-positioned to continue strengthening health systems in South Africa.

Statement of Fiducial Responsibility

The Board of Directors is responsible for the maintenance of adequate accounting records, and the preparation and integrity of the financial statements and related information. In addition, the directors are also responsible for THF's systems of internal financial control. These are designed to provide reasonable, but not absolute assurance as to the reliability of the financial statements, to adequately safeguard, verify, and maintain accountability of assets, and to prevent and detect misstatement and loss. Nothing has come to the attention of the directors to indicate that any material breakdown in the functioning of these controls, procedures, and systems has occurred during the year under review.

The financial statements have been prepared on the going concern basis, since the directors have every reason to believe that THF has adequate resources in place to continue in operation for the foreseeable future.

The annual financial statements were approved by the Board of Directors and signed on its behalf by:



Mr Carl Liebenberg

Chairman



Dr Mandla Moyo

Treasurer

The information in this report has been extracted from the annual financial statements of THF as of 28 February 2023. The annual financial statements have been prepared in compliance with International Financial Reporting Standards for Small and Medium-sized Entities. The annual financial statements of THF have been externally audited by IJH du Plessis Chartered Accountant (S.A.) and these are available in their entirety on THF's website (www.thehealthfoundation.org.za).

Statement of financial position

	Notes	2023 (Rand)	2022 (Rand)
ASSETS			
NON-CURRENT ASSETS			
Property, plant and equipment	2	512,901	29,244
CURRENT ASSETS			
Trade and other receivables	3	4,795,517	2,815,945
Cash and cash equivalents	4	22,731,684	21,585,659
		27,527,201	24,401,604
TOTAL ASSETS		28,040,102	24,430,848
EQUITY AND LIABILITIES			
EQUITY			
Accumulated surplus		12,630,362	10,236,833
LIABILITIES			
Trade and other payables	5	15,409,740	14,194,015
TOTAL EQUITY AND LIABILITIES		28,040,102	24,430,848

Statement of comprehensive income

	Notes	2023 (Rand)	2022 (Rand)
Revenue	6	52,693,452	28,340,694
Charitable activities	7	51,960,644	28,968,014
NET CHARITABLE DEFICIT		732,808	627,320
Other income	8	4,784,215	1,491,859
Operating deficit	9	3,818,939	2,242,172
OPERATING SURPLUS / (DEFICIT)		1,698,084	1,377,633
Investment revenue	10	695,876	1,188,830
Finance costs	11	431	-
SURPLUS / (DEFICIT) FOR THE YEAR		2,393,529	188,803
Other comprehensive income		-	-
TOTAL COMPREHENSIVE SURPLUS / (DEFICIT) FOR THE YEAR		2,393,529	188,803

Statement of changes in equity

	Accumulated surplus (Rand)	Total equity (Rand)
Balance at 01 March 2021	10,425,636	10,425,636
Surplus for the year	188,803	188,803
Balance at 01 March 2022	10,236,833	10,236,833
Surplus for the year	2,393,529	2,393,529
Balance at 28 February 2023	12,630,362	12,630,362

Statement of cashflow for the year

	Notes	2023 (Rand)	2022 (Rand)
CASH FLOWS FROM OPERATING ACTIVITIES			
Cash receipts from customers		54,369,146	39,303,151
Cash paid to suppliers and employees		53,714,912	58,531,756
Cash (used in) generated from operations	13	654,234	19,228,605
Interest income		695,876	1,188,830
Finance costs		431	-
Net cash from operating activities		1,349,679	18,039,775
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of property, plant and equipment	2	202,266	-
Proceeds from sale of property, plant and equipment	2	6,800	-
Net cash from investing activities		195,466	-
TOTAL CASH MOVEMENT FOR THE YEAR			
Cash and cash equivalents at the beginning of the year		21,585,659	39,625,434
Profit on foreign exchange on cash and cash equivalents		8,188	-
TOTAL CASH AT END OF THE YEAR	4	22,731,684	21,585,659

Notes

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Notes

A series of horizontal dotted lines for writing notes.



*A special
thank you*

to all our **partners, donors, sponsors,** and **friends** who have put their trust in us to make the gift of health a reality. Optimising the wellness of our people is an investment in our collective quality of life and long-term social and economic health.



**THE
HEALTH
FOUNDATION**

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Rostra Building, Century City, 7441

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